Welcome to the New VDACS Regional Marketing Specialist!

The Virginia Department of Agriculture and Consumer Services (VDACS) has hired Ursula Tankard Deitch as their Regional Marketing Specialist serving Accomack & Northampton Counties and Virginia Beach. Ursula will be working with fruit and vegetable producers in the region to establish and nourish relationships with agricultural buyers. Her goal is to open new avenues for growers to market produce. Beyond her local duties she will attend national tradeshows to help market Virginia Grown Vegetable Crops. Additionally, Ursula will have responsibilities managing the Virginia Irish Potato Board and the Aquaculture Board.

Ursula previously worked for Virginia Cooperative Extension in Northampton County for 10 years as an Extension Agent of Agriculture and Natural Resources and 7 years for Virginia Tech at the Eastern Shore AREC as a Senior Research Specialist in the Horticulture and Soils Departments.

Ursula began her appointment at VDACS on May 25, 2023 and she can be contacted at ursula.deitch@vdacs.virginia.gov
Spray Water Testing Program

Pesticide performance can be greatly affected by the quality of the water used for mixing. Even clear water may contain dissolved minerals, alkalinity or acidity that can reduce the effectiveness of pesticides, shorten half-life time following mixing, or impact the application rate. Testing your source water can provide information about chemical stability and the need for water conditioners, adjuvants, or pH buffers. The Accomack and Northampton County VCE offices worked with vegetable growers to conduct a spray water testing program the week of May 15th. We were able to gather samples and send them to the Virginia Tech lab for testing.

Eastern Shore Sheep Shearing Program

On May 19th, the 2023 Eastern Shore Sheep Shearing Program took place in both Northampton and Accomack counties. The Eastern Shore Sheep Shearing program is an opportunity for all the sheep growers on the Shore to share the cost of having a professional shearer visit their farm. The 2023 Sheep Shearing Program helps to organize the shearing of 31 ewes, 7 rams, 3 wether and 2 goats on 9 farms. Many thanks to Emily Chamelin from Chamelin Shearing for her time and travel to the Shore.

VCE Ag Radio

Tune in to WESR 103.3 for a brand-new radio segment "VCE Ag Radio." Hosted by Accomack County Cooperative Extension, this short weekly segment will bring you the latest agricultural news, expert advice, and insightful interviews with farmers, researchers, and industry professionals. Whether you're a seasoned farmer, a budding gardener, or simply curious about the agricultural world, "VCE Ag Radio" is here to educate the public on a variety of subjects. To submit your requests or share your ideas for the radio show, please contact Theresa Pittman, Accomack County Extension Agent.

Eastern Shore Household Well Water Testing Program

Registration is now OPEN for the Eastern Shore Household Well Water Testing Program scheduled on August 28th & 29th. Fortunately, this program has been subsidized by a SERCAP Grant and participants will only pay $10 per sample for testing. Please see the attached flyer for more details on how to register and spread the word to encourage participation.
Dr. Saied Mostaghimi will officially retire from Virginia Tech on May 31, 2023 after 38-years of service to the university. Dr. Mostaghimi began serving in his current role as leader of the Virginia Agricultural Experiment Station in 2009 and has worked tirelessly since to ensure that ARECs around the Commonwealth improve their capacity by assisting with faculty and staff hires along with equipment, facility, and connectivity improvements. Working with stakeholders and the General Assembly, Saied was integral in facilitating AREC needs; ultimately resulting in funds to bring AREC technology and equipment into the 21st century. We sincerely thank Saied for all his assistance to the Eastern Shore AREC during his leadership tenure. We wish Dr. Mostaghimi well and hope that he will visit us soon as he continues to travel during retirement. More information surrounding Saied’s life journey and impacts to Virginia Tech and Virginia agriculture can be found at: https://news.vt.edu/articles/2023/05/saied-mostaghimi-retirement.html

Mr. Beverly Fletcher has retired from the Eastern Shore AREC and Hampton Roads AREC Advisory Board. Mr. Fletcher was a founding member of our board and was one of the original signatories on the Memorandum of Agreement between Virginia Tech and the Virginia Truck and Ornamentals Research Station in January 1985. We thank Mr. Fletcher for his 37-years of service to Virginia Tech, for leading our board as Chairman, and for always lobbying to bring issues important to the Eastern Shore to the attention of campus administration and stakeholders.

During the May 2023 Advisory Board meeting, Mr. Lynn Gayle was welcomed as the newest board member to replace Mr. Fletcher. Lynn operates Mount Nebo Farms with his son, Sands, in Accomack County. They manage 2,500 acres of corn, soybean and wheat and are active participants in many research activities to further science for improving Virginia farming practices. We look forward to working with Mr. Gayle in this new role.

Mr. Steve Sturgis was elected as our new Advisory Board Chairman at the May 2023 meeting with Mr. Ed Tankard now serving as Vice-Chairman. Steve and Ed will lead our 5-member Advisory Board group that has 3 representatives from the Virginia Potato and Vegetable Growers’ Association and 2-members from the Virginia Nurserymen’s Association; forming a joint Advisory Board to serve both the Eastern Shore AREC and Hampton Roads AREC. All appointments are elected by the representative group and presented to the Dean of the Virginia Tech College of Agriculture and Life Sciences for approval, currently Dean Alan Grant.
Horticulture Research Field Trials
Dr. Emmanuel Torres, Horticulturist, Eastern Shore AREC

The horticultural science lab is evaluating the performance of twenty-one potato cultivars on the Eastern Shore of Virginia. We will be collecting data regarding plant emergence, days to flower, leaf greenness, plant reflectance, plant vigor, and harvest data.

We are also evaluating nitrogen rates for potatoes ranging from 130 to 200 pounds per acre in combination with three planting dates, from early March to early April. Additionally, we are evaluating overhead and subsoil drip irrigation with regimens determined based on reference evapotranspiration and soil moisture sensors, all this in combination with five N rates. The results from all these experiments are expected to be available by early August 2023.

For our tomato trials, we are examining the potential interactions between kaolin clay, colored mulches, and planting dates for mitigation of heat stress during the summer season. Our goal is to provide practical strategies for farmers to manage heat stress and maximize yield and quality.

Pathology Research and Diagnostic Update
Dr. Doug Higgins, Plant Pathologist, Eastern Shore AREC

- **Potatoes**: Action thresholds for Early Blight and Late Blight forecasts were reached. Monitoring field sites for disease outbreaks. Completed foliar fungicide applications on pink trial efficacy trial (Figure 1). Diagnostic samples: herbicide spray drift damage; bacterial soft rot (2x).
- **Wheat**: Disease ratings taken for Fusarium head blight (scab) fungicide efficacy field trials. Diagnostic samples: barley yellow dwarf; soil compaction; leaf rust; strip rust; powdery mildew.
- **Sweet Corn**: Maintenance on seed treatment trials; geese protection and billbug damage.
- **Tomato**: Diagnostic samples: tomato spotted wilt virus; bacterial foliar disease.
- **Corn**: Planted grey mold fungicide efficacy trial and applied Xyway at planting treatments.
- **Soybeans**: Planted fungicide efficacy trials for frogeye leaf spot; Planted Soybean Board (PI: Langston) frogeye leaf spot trial.

Figure 1. Training the new plant pathology technician (Calyn Adams) to apply foliar fungicides treatments to research plots.
My entomology program is focused on implementing alternative pest management tactics to use in combination with chemical control with the ultimate purpose of making cropping systems more resilient and sustainable. Every year, I conduct trials in potatoes, tomatoes, cucurbits, and strawberries. In 2023, we observed a lower incidence of cyclamen mites infesting strawberries compared with 2021 and 2022 infestation levels. Also, symptoms caused by cyclamen mite feeding were observed later in the season in 2023 (May) compared to the two previous years (March). Growers planted approximately one month later than usual (November instead of October) and temperatures have fluctuated more this spring which could have contributed to the changes in infestation patterns. Later this year, my crew and I will be assessing wireworm injury to potatoes at harvest time and will identify any relationships between the levels of injury with the soil properties. Additionally, we will be assessing the levels of stink bug and thrips infestations in tomatoes when kaolin clay is applied as means to regulate soil and plant temperatures.
Weed Science Research and Updates
Dr. Vijay Singh, Assistant Professor & Weed Specialist, Eastern Shore AREC

Updates on Italian ryegrass
Wheat harvest should begin soon and we would like to provide updates on Italian ryegrass issues. Over the past two years, we have surveyed and sampled several wheat fields and screened Italian ryegrass populations. We have observed that most of the Italian ryegrass populations are either resistant to ALS-inhibitors (Group 2), or ACCase-inhibitors (Group 1) herbicides. Fortunately, we have not seen any case of Italian ryegrass resistance to glyphosate (Roundup) in Virginia. This has huge implication for ryegrass control through burndown before corn and soybean planting in no-till system. Based on these screenings, growers can rely on Roundup for controlling Italian ryegrass. However, we have learned that Italian ryegrass is still surviving in few corn fields this season, and there are cases of recent emergence also. This has been observed in neighboring states (Delaware and Maryland) as well. In Virginia, we associate this with improper spray applications and temperature fluctuations in April and early May, which favored Italian ryegrass growth. However, we are still on lookout for these scenarios, and request growers to contact us if they see any late emergence or failure to control Italian ryegrass with Roundup.

Updates on herbicide-drift
We are aware of few cases of herbicide drift where PPO-inhibitors were used. We are still investigating whether those were cases of physical drift and temperature inversion. Meanwhile, we suggest to use TTI nozzles with bigger droplet sizes, and not to spray if windspeed is >10 mph. Do not spray under temperature inversion conditions in early mornings or later evenings or cloudy and cooler days. Use of sprayer guards and higher volumes (15-20 gallons/A) will help in managing drift and reducing injury on sensitive crops. Please contact us if you have also seen some drift injuries on your crop and if you have observed similar symptoms recently.

Updates on herbicide resistance management in soybean
We have widespread distribution of common lambsquarters and Palmer amaranth resistant to ALS-inhibitors (Group 2) in eastern shore region. Choice of preemergence (PRE) herbicide is very critical in order to prevent emergence of resistant weeds. We have also observed that S-metolachlor (Dual) alone is not enough to provide excellent control of multiple weed species. If field has a history of multiple troublesome weed species, it is ideal to tank-mix herbicides with more than one group of herbicides, or use premixes with different group of herbicides. Few examples of premixes, which have shown excellent control of weeds in soybean are Tendovo, a 3-way mixture (Group 15, 5, and 2), BroadAxe/ Authority Elite, 2-way mixture (Group 15, and 14), Zidua PRO/ Fierce XLT (Group 15, 2, 14). For more information, you may refer to weed management guide link https://www.pubs.ext.vt.edu/content/dam/pubs_ext_vt_edu/456/456-016/ENTO-522E.pdf

DelMarVa Weed Science Field Day
We are organizing DelMarVa weed science field day at ESAREC, Painter on June 27, 2023 (as a first stop), and then on June 28, 2023 at Georgetown, DE, and Queenstown, MD. Herbicide efficacy studies in corn, soybean, and edamame will be demonstrated. Updates on general weed management issues and Drone-based herbicide applications will be provided. Please register here: https://www.arec.vaes.vt.edu/arec/eastern-shore/Field_Days/2023-weed-science-field-day–delmarva-weed-tour.html
What's That Bug?

Hélène Doughty, Research Specialist Sr., invites you to test your entomology knowledge. Take a guess on the pest and email her your answer! hdoughty@vt.edu

May's Answer: A praying mantis egg sac. Praying mantis are ferocious predators that can be very useful in taking down insect pests. Females lay egg sacs containing approximately 300 eggs, of which only one fifth survive to adulthood. Eggs are laid before the first frost and the adult female dies shortly after ovipositing (laying eggs). When laid, eggs are enveloped in a frothy foam with will harden into the sac casing. Sacs are about 1 inch long, tan to white in color.

Communications Associate (Job no. 525797)
The Communications Associate is responsible for telling the story of the Eastern Shore (ESAREC) and Hampton Roads AREC (HRAREC) to a local, state, and international audience by assisting with in-person Extension events, writing articles, and contributing to the VT news, social media, websites, CALS and VT publications, and other outlets. Working collaboratively with ESAREC and HRAREC faculty, staff, and graduate students in conjunction with the Virginia Tech communications and marketing team, this person will produce and supply content to be used through multiple media channels. The successful candidate will spend approximately half their time on ESAREC activities and half of their time on HRAREC activities and will report directly to the Eastern Shore and Hampton Roads AREC Directors. The position will be housed at the closest AREC after the person is hired (Eastern Shore or Virginia Beach, VA). Shortlisting of candidates will start after July 3, 2023 and continue until the position is filled. For questions, call Mark Reiter at 757-807-6586 or email mreiter@vt.edu. Interested candidates, please visit this link and apply online: https://careers.pageuppeople.com/968/cw/en-us/job/525797/communications-associate-esarechrarec

Research Specialist, Sr. (Job no. 521473)
Come work with us at the Eastern Shore AREC, Virginia Tech in Painter, VA! We are looking for someone with dedication to the agricultural profession to help our weed science team combat pressing issues related to herbicide resistant weeds, new herbicides, UAVs, and precision agriculture. A B.S. in a weed science related discipline is desired, but not required (agronomy, horticulture, etc.). Operation of farm equipment is also desired. Candidates with a high school education with significant practical field experience will also be considered. Shortlisting of candidates will start after May 30, 2023 and continue until the position is filled. For questions, call Vijay Singh at 479-713-0094 or email vijaysingh@vt.edu. Interested candidates, please visit this link and apply online: https://careers.pageuppeople.com/968/cw/en-us/job/521473/research-specialist-sr
Vendor & Exhibitor Registration Open: https://vasoybean.com/ag-expo/

Save the Date

2024 EASTERN SHORE AGRICULTURAL CONFERENCE & TRADE SHOW

JANUARY 24 & 25, 2024
2023 EASTERN SHORE Household Water Quality Clinic

*Does your water come from a well, spring, or cistern? Do you want to learn more about the quality of your water and how to care for your water system?*

**How does it work?**
1. Pick up a sample kit from your local County Extension office and get instructions on how to collect your household water sample.
2. Collect a sample from your tap at home and complete a short questionnaire.
3. Drop off sample at your local County Extension office.
4. About 4 weeks later, receive your confidential test results, an explanation of what the numbers mean, and information about how to handle any problems that are present. For more information, visit: [http://www.wellwater.bse.vt.edu/clinics.php](http://www.wellwater.bse.vt.edu/clinics.php)

**What does the water test include?**

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Iron</th>
<th>Manganese</th>
<th>Sulfate</th>
<th>Hardness</th>
<th>pH</th>
<th>Total Dissolved Solids</th>
<th>Fluoride</th>
<th>Sodium</th>
<th>Copper</th>
<th>Sulfate</th>
<th>Hardness</th>
<th>pH</th>
<th>Lead</th>
<th>E. coli bacteria</th>
<th>Coliform bacteria</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Limited kits available ● sign up today!!!**

**How much does it cost?**
Scholarships are available from a partnership with SERCAP through the Eastern Shore Water Quality Improvement Project grant (Environmental Protection Agency Environmental Justice Program). Sample kits are $65 each or with scholarship, $10 each, limit one $10 kit per household. **Registration is required** – Please visit [https://tinyurl.com/VCE-EasternShore-VAHWQP](https://tinyurl.com/VCE-EasternShore-VAHWQP), to pre-pay for your sample kit with a credit card. A registration receipt will be required for pick-up of your sample kit on Monday, August 28th. If you would like to purchase your sample kit via check, please visit your local Extension Office.

<table>
<thead>
<tr>
<th>Date</th>
<th>Location (Accomack County)</th>
<th>Location (Northampton County)</th>
</tr>
</thead>
<tbody>
<tr>
<td>August 28th</td>
<td>Accomack Cooperative Extension 23185 Front St, Accomac, VA 23301 8:30am – 4:00pm</td>
<td>Northampton Cooperative Extension 16392 Courthouse Rd, Eastville, VA 23347 8:00am – 4:30pm</td>
</tr>
<tr>
<td>Instructions for Sampling</td>
<td>View on your own</td>
<td><a href="https://www.youtube.com/watch?v=a2wqzuzvbK4">https://www.youtube.com/watch?v=a2wqzuzvbK4</a></td>
</tr>
<tr>
<td>August 29th</td>
<td>Accomack Cooperative Extension 23185 Front St, Accomac, VA 23301 8:30am – 4:00pm</td>
<td>Northampton Cooperative Extension 16392 Courthouse Rd, Eastville, VA 23347 8:00am – 4:30pm</td>
</tr>
<tr>
<td>Receive Results via mail/email</td>
<td>A few weeks after testing</td>
<td>ONLINE</td>
</tr>
</tbody>
</table>

**Contact:** Northampton County Extension Office: 757-678-7946 or Accomack County Extension Office: 757-787-1361

If you are a person with a disability and desire any assistive devices, services or other accommodations to participate in this activity, please contact Amanda Hurley at 757-678-7946 during business hours of 8:00 a.m. and 4:30 p.m. to discuss accommodations 5 days prior to the event. *TDD number is (800) 828-1120.*

Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, military status, or any other basis protected by law.
Northampton 4-H Summer Camps

Northampton 4-H is preparing for SAGEN (Suffolk, Accomack, Greensville, Emporia, Northampton) summer camp July 17-21 in Wakefield, VA.

For any campers who wish to attend, there is still time to register and scholarships are available! See flyer for details.

Eastern Shore Soil & Water and 4-H will partner to hold two-day ag camps at the Barrier Islands Center (BIC) in Machipongo.

The first camp is for ages 5-7 on July 27-28 from 9:00am-12:00pm each day.

The second camp, which is already sold out, is for ages 8-12 on August 1-2 from 9:00am-3:00pm each day.

Register at BIC website: https://barrierislandscenter.org/programs

More workshops will be offered this summer! Please follow the Northampton VCE Facebook page for updates!

Register now for Northamptons 4-H Camp July 17-21 in Wakefield, VA! See flyer for details!
NORTHAMPTON 4-H CAMP
JULY 17 – 21, 2023
For all youth, ages 9-13
(as of September 30, 2023)
$400
$400
- Registration form and $150 deposit due by June 1
- Final payment due by July 1
- Scholarships may be available

For registration form and more info:
https://northampton.ext.vt.edu/

Erin Morgan, 4-H Agent
Northampton County
emorgan2@vt.edu
757–678–7946 x15

If you are a person with a disability and desire any assistive devices, services or other accommodations to participate in this activity, please contact Erin Morgan in the Northampton office at 757-678-7946 during business hours of 8:00 a.m. and 4:30 p.m. to discuss accommodations 5 days prior to the event. *TDD number is (800) 828-1120.
# VCE & ESAREC Contact Information

<table>
<thead>
<tr>
<th>Faculty/Staff</th>
<th>Title</th>
<th>Email</th>
<th>Work/Cell Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Northampton County Cooperative Extension</strong>&lt;br&gt;16392 Courthouse Rd&lt;br&gt;PO Box 457&lt;br&gt;Eastville, VA 23347</td>
<td>VACANT</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Erin Morgan</td>
<td>4-H Agent</td>
<td><a href="mailto:emorgan2@vt.edu">emorgan2@vt.edu</a></td>
<td>757/678-7946</td>
</tr>
<tr>
<td>Amanda Hurley</td>
<td>Unit Support Staff</td>
<td><a href="mailto:amandahl@vt.edu">amandahl@vt.edu</a></td>
<td>757/678-7946</td>
</tr>
<tr>
<td><strong>Accomack County Cooperative Extension</strong>&lt;br&gt;23185 Front St.&lt;br&gt;PO Box 60&lt;br&gt;Accomac, VA 23301</td>
<td>Theresa Pittman</td>
<td>ANR Agent</td>
<td><a href="mailto:tpittman@vt.edu">tpittman@vt.edu</a></td>
</tr>
<tr>
<td></td>
<td>VACANT</td>
<td>4-H Agent</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Rachel Barnes</td>
<td>Unit Support Staff</td>
<td><a href="mailto:mr.barnes@vt.edu">mr.barnes@vt.edu</a></td>
</tr>
<tr>
<td><strong>Eastern Shore Agricultural Research &amp; Extension Center</strong>&lt;br&gt;33446 Research Dr.&lt;br&gt;Painter, VA 23420&lt;br&gt;&lt;br&gt;<a href="https://www.arec.vaes.vt.edu">https://www.arec.vaes.vt.edu</a>&lt;br&gt;/arec/eastern-shore.html</td>
<td>Mark Reiter</td>
<td>Director/Professor, Soils &amp; Nutrient Management</td>
<td><a href="mailto:mreiter@vt.edu">mreiter@vt.edu</a></td>
</tr>
<tr>
<td>Vijay Singh</td>
<td>Assistant Professor, Weed Science</td>
<td><a href="mailto:v.singh@vt.edu">v.singh@vt.edu</a></td>
<td>W 757/807-6579&lt;br&gt;C 479/713-0094</td>
</tr>
<tr>
<td>Emmanuel Torres</td>
<td>Assistant Professor, Horticulture</td>
<td><a href="mailto:etorres@vt.edu">etorres@vt.edu</a></td>
<td>C 352/682-0708</td>
</tr>
<tr>
<td>Doug Higgins</td>
<td>Assistant Professor, Plant Pathology</td>
<td><a href="mailto:doughiggins@vt.edu">doughiggins@vt.edu</a></td>
<td>C 517/803-0636</td>
</tr>
<tr>
<td>Lorena Lopez</td>
<td>Postdoctoral Associate, Entomology</td>
<td><a href="mailto:lorelopez257@vt.edu">lorelopez257@vt.edu</a></td>
<td>C 954/529-9042</td>
</tr>
<tr>
<td>John Mason</td>
<td>Research Specialist, Soils &amp; Nutrient Management</td>
<td><a href="mailto:masonje@vt.edu">masonje@vt.edu</a></td>
<td>W 757/807-6582</td>
</tr>
<tr>
<td>VACANT</td>
<td>Research Specialist, Weed Science</td>
<td></td>
<td>W 757/807-6586</td>
</tr>
<tr>
<td>RC Cooley</td>
<td>Research Specialist, Horticulture</td>
<td><a href="mailto:robertc42@vt.edu">robertc42@vt.edu</a></td>
<td>W 757/807-6583</td>
</tr>
<tr>
<td>Calyn Adams</td>
<td>Research Specialist, Plant Pathology</td>
<td><a href="mailto:calynadams@vt.edu">calynadams@vt.edu</a></td>
<td>W 757/807-6586</td>
</tr>
<tr>
<td>Hélène Doughty</td>
<td>Research Specialist, Entomology</td>
<td><a href="mailto:hdoughty@vt.edu">hdoughty@vt.edu</a></td>
<td>W 757/807-6592&lt;br&gt;C 757/999-0780</td>
</tr>
<tr>
<td>VACANT</td>
<td>Farm Manager</td>
<td></td>
<td>W 757/807-6596</td>
</tr>
<tr>
<td>Andrew Fletcher</td>
<td>Asst. Farm Manager</td>
<td><a href="mailto:alf20007@vt.edu">alf20007@vt.edu</a></td>
<td>W 757/807-6596</td>
</tr>
<tr>
<td>Belinda Sterling</td>
<td>Administrative &amp; Office Specialist</td>
<td><a href="mailto:belindas@vt.edu">belindas@vt.edu</a></td>
<td>W 757/807-6586</td>
</tr>
</tbody>
</table>

Virginia Cooperative Extension brings the resources of Virginia’s land-grant universities, Virginia Tech and Virginia State University, to the people of the commonwealth. VCE provides education through programs in Agriculture, Natural Resources, Family and Consumer Sciences, 4-H Youth Development and Community Viability.

The Virginia Tech, Eastern Shore AREC is committed to supporting commercial vegetable, grain, oilseed, and fiber production throughout the Commonwealth of Virginia. Centrally located on Virginia’s Eastern Shore, the center conducts basic and applied research on more than 25 agricultural crops.

Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, military status, or any other basis protected by law.

If you are a person with a disability and desire any assistive devices, services or other accommodations to participate in any activity, please contact Amanda Hurley at 757-678-7946* (TDD number is (800) 828-1120) during business hours of 8:00 a.m. and 4:30 p.m. to discuss accommodations.